

Questions to ask during your first IVF Consultation

There are many things to consider before going through with IVF. Upon your first appointment with an IVF expert, here are questions you could ask for clarification.

GENERAL QUESTIONS

- How long does it take to treat infertility?
- Are there any age limitations especially in regards to using my own eggs?
- Can you give me information on what protocol you'd recommend in my case?
- Are there any IVF trials going on we could participate in?
- How long could we wait to begin IVF in order to save money?
- What are the steps in the procedure and what protocol would you likely prescribe for me?
- Who determines if a cycle will be canceled?
- What kind of counseling or advice do you provide, and what is the cost?
- Are there any patient groups or support groups I can join?
- What other options are available if this treatment does not work?

REGARDING SUCCESS RATES

- What is your pregnancy ratio per embryo transfer?
- What are the chances for success at my age?
- Can you show me the most recent success rates for women my age and your diagnosis?
- How many patients at your clinic have had this treatment, and how many had a baby?
- How many have undergone ivf and become a success on their first attempt?



Victory A.R.T. Laboratory Phils, Inc.
increasing your parenting potential...

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REGARDING PROCEDURE

- Should we consider ICSI (this is when they put the sperm in the egg)?
- Would it take three or five days for transfer and why.
- How many embryos would you recommend that I transfer?
- Will I get me a print out of the number of follicles I have produced each time I go for a scan?
- What are the risks of twins or high-order multiples?
- Who performs the procedures?
- Does your clinic have a philosophy on how many embryos may be transferred?
- How many cycles would the procedure take for it to be completed?
- What could be the reasons if something went wrong? What is/are the possible solution/s?
- How should I know if the process is a success?
- Is it safe to undergo a number ivf attempts if the process fails on the first attempt?

REGARDING COSTS

- How much is IVF? What are the financial options offered at this clinic?
 - refund plans?
 - how many cycles are included?
 - loans?
 - grants?
- How much will drugs cost me?
- Can you break down all the costs involved in this treatment?
- Is there any way these costs can be reduced?
- What is the monthly cost to freeze embryos (storage fees)?
- Is it possible to setup payment plans for things not covered by insurance?
- If I become pregnant does our IVF fee cover the prenatal appointments that occur before you send us to an OB or does my insurance kick in at that point?
- What additional possible charges might we incur?
- Can we ask about refund policies for failed cycles?
- How much do we pay if the cycle is canceled? Do you have an agreement in writing with patients that shows specifically what we pay if the cycle is canceled at any point?



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REGARDING MONITORING

- How many doctor appointments can I expect?
- Who will be my point of contact in the clinic?
- Will I see the same doctor all the way through my treatment?
- What do I need to know about scheduling weekend procedures?
- What is the phone number for off-hours problems?
- Are there any times when they don't do cycles (holidays, etc.)?
- What are your office hours (it's very important to verify that the clinic will be available on weekends and some holiday just in case)?
- What is your (your RE's) availability to answer questions as they come up?
- How will I find out my test results?
- Will you have a nurse assigned to me?
- How easy is it for me to get in and out for monitoring?
- Bed rest after transfer - why, why not?

REGARDING MEDICATION & LIFESTYLE CHANGES

- Are there any low-drug / hormone treatment options?
- What prenatal and other vitamins/supplements to be taking?
- What are the side effects of the medications?
- Do you encourage or recommend complementary or alternative medicine?
- Do you have diet suggestions other than eating a well balanced diet?
- Are there any exercise limitations?
- I work full-time, can I have IVF and still work?
- What happens next? Do my partner and I need to do anything?
- Do you have recommended reading for my spouse & me?
- What things should I and should not do after a treatment?
- How long does it take for me to rest before I can go back to work?



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"I may not be there yet,
but I am closer than I
was yesterday."

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